Elder Care Lunch and Learn

Building a Circle of Care at Home

Tuesday, April 16, 2013
11:30 AM – 1:00 PM
Student Union, Santa Rita Room

Join us for a comprehensive, compassionate discussion about how to determine what in-home resources are important to support an aging family member or friend so that they can continue to live with dignity and quality of life. This presentation will include:

- Warnings signs that an elder needs assistance
- A Needs-Assessment Worksheet to help you identify and organize the right resources at the right time – people, legal, financial, medical, environmental (in-home equipment), time, emotional energy, and spiritual support
- Techniques for encouraging an elder to accept in-home help

Don’t miss this opportunity to get valuable information quickly and conveniently!

Program

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<td>11:30 AM-11:45 AM</td>
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<td>11:45 AM-12:45 PM</td>
<td>Presentation</td>
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<td>12:45 PM-1:00 PM</td>
<td>Q &amp; A</td>
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Presented by:

- Suzy Bourque, MSW
  Caregiver Specialist
  Pima Council on Aging
- Jan Sturges, M.Ed, LPC
  Caregiving Coordinator
  UA Life & Work Connections