



The Commission on the Status of Women and The University of Arizona
is pleased to present the

The 7th Annual Young Women's Empowerment Academy

When: Saturday, April 13, 2013, 8:30 a.m. to 3:00 p.m.

Where: The Tucson Room of the Student Union Memorial Center on the Campus of The University of Arizona

This event is free and open to all young people ages 13 – 17 and offers workshops and activities that will inspire and empower them to become successful in their own lives. This year's theme is "Teamwork: Together We Can Achieve!" and is focused on teamwork, leadership, and confidence with emphasis on issues and topics affecting young people.

This year our youth workshops are:

- ***Healthy Body Image and Self-Esteem***, presented by Alison Greene, the Southwest Institute for Research on Women, University of Arizona
- ***Presenting Your Best Self***, presented by Modeling Coach, Christina Standifer, EnHaus, LLC.
- ***Creepy or Cute?***, Megan McKendry, Campus Health, University of Arizona
- ***Recreation Center*** - Challenge Program, Jen Stansel, Team Building including team communication, cohesion, new skills, and building confident and ethical leaders.

A light lunch will be supplied for the youth participants.

You can register online at: <http://csw.arizona.edu/program-events/youth-outreach>

If you do not have internet access, you may call LuAnn Cordero at 621-3700 to register or leave a message.

In addition to the youth workshops, there will be a morning only workshop from 9:00 – 11:30 a.m. for Parents and Caregivers. The workshops are:

- ***College Maze Dayz: Providing Important College Knowledge***, Information for Families, presented by Rudy McCormick, the Office of Early Academic Outreach, University of Arizona
- ***Residence Life Dorm Tour***, Guided by Janessa Maldonado, Residence Life, University of Arizona
- ***Recreation Center***, Dana Mendoza, Rec Center Tour and Free Day Pass