Can you believe that the UA Toastmasters has been in existence for one full year? What better way to celebrate than with food and conversation!

For the Wednesday, November 9th UA Toastmasters meeting we are asking you to bring a favorite dish to share with your colleagues. Instead of prepared speeches, this will be an all Table Topics event, although you can prepare what you want to say. (You can prepare something delicious to say and tasty to eat, or maybe it should be tasty to say and delicious to eat?)

The Table Topics theme will be to tell a story about the item you have brought to the potluck. For example, you could start your story in one of these ways:
--this is my favorite {salad/side dish/desert/entrée} because...
--I first had this dish {insert location/age/holiday/etc.}...
--this dish was first made by my {insert family member} and is part of {explain tradition}...
--any funny/creative story you want to tell (including that you prefer to stop at the store on the way to work on the day of the potluck and buy your contribution).

The rules of Table Topics apply in that you will be expected to speak for 1-2 minutes. You will also have the opportunity to practice your skills as a Toastmaster, General Evaluator, Timer, Ah Counter or Grammarian. Please visit Duty Roster on the UA Toastmaster web page to sign up (http://uatms.freetoasthost.org/).

We look forward to seeing you at this fun and relaxing event.

**Date:** November 9, 2011  
**Time:** 12 Noon to 1 p.m.  
**Location:** USB 214, which is accessible by both the USA and Teal shuttles.