



## **Lunch and Learn**

Presented by: UA Life & Work Connections

### ***Understanding Palliative Care***

***- Supportive care for people with serious illnesses***

### **When and Where**

Monday, April 30, 2012

11:30a – 1:00p

Student Union, Santa Rita Room

Presenters:

*Barbara Allen, RN, C.*

Pediatrics Nurse

The University of Arizona Medical Center

*Dr. Larry Lincoln*

Medical Director, TMC Hospice;

Retiring Infectious Disease Specialist

*Mary Steele, RN, MA, MSN*

Director of Special Nursing Services

Tucson Medical Center

Palliative care is an emerging medical specialty for people of any age who are experiencing a serious illness accompanied by pain or other types of physical and emotional discomfort, whatever the diagnosis. The goal is to relieve suffering and improve quality of life for patients and the loved ones who care for them using a team approach to provide medical, emotional and day-to-day support along with curative treatment.\*

Join us for an informative panel discussion about the medical continuum from acute care to palliative care to hospice and differences between curative treatment, chronic disease management and compassionate end-of-life care.

This event is for people of all ages at the U of A, caring for loved ones of all ages who experience chronic illnesses - Ex. Congestive Heart Failure (CHF), kidney failure, cancer, Chronic Obstructive Pulmonary Disease (COPD), HIV/Aids, Alzheimer's disease, Multiple Sclerosis (MS) and more.

Our presenters are well-respected for their medical and palliative care expertise, and UA Life & Work Connections is pleased that they have agreed to present this timely and important topic to the UA community. Don't miss this opportunity to get valuable information quickly and conveniently!

**Program**

11:30a-11:45a	Browse tables for information, meet other attendees
11:45a-12:45p	Presentation
12:45p-1:00p	Q & A

Resource information will be available. Feel free to bring your lunch - refreshments and cookies will be provided. Space is limited; reservations are requested on a first-come, first-serve basis by calling 626-4770 or by sending an email to Jan Sturges, Caregiving Coordinator, at [sturgesj@email.arizona.edu](mailto:sturgesj@email.arizona.edu)

Go to <http://lifework.arizona.edu/ec/> to learn more about elder care services offered by UA Life & Work Connections.

*\*Source for Palliative Care definition: [www.GetPalliativeCare.org](http://www.GetPalliativeCare.org), a website sponsored by the Center to Advance Palliative Care (CAPC)*