Lunch and Learn
Presented by: UA Life & Work Connections

Understanding Palliative Care
- Supportive care for people with serious illnesses

When and Where
Monday, April 30, 2012
11:30a – 1:00p
Student Union, Santa Rita Room

Presenters:
Barbara Allen, RN, C.
Pediatrics Nurse
The University of Arizona Medical Center

Dr. Larry Lincoln
Medical Director, TMC Hospice;
Retiring Infectious Disease Specialist

Mary Steele, RN, MA, MSN
Director of Special Nursing Services
Tucson Medical Center

Palliative care is an emerging medical specialty for people of any age who are experiencing a serious illness accompanied by pain or other types of physical and emotional discomfort, whatever the diagnosis. The goal is to relieve suffering and improve quality of life for patients and the loved ones who care for them using a team approach to provide medical, emotional and day-to-day support along with curative treatment.*

Join us for an informative panel discussion about the medical continuum from acute care to palliative care to hospice and differences between curative treatment, chronic disease management and compassionate end-of-life care.

This event is for people of all ages at the U of A, caring for loved ones of all ages who experience chronic illnesses - Ex. Congestive Heart Failure (CHF), kidney failure, cancer, Chronic Obstructive Pulmonary Disease (COPD), HIV/Aids, Alzheimer’s disease, Multiple Sclerosis (MS) and more.

Our presenters are well-respected for their medical and palliative care expertise, and UA Life & Work Connections is pleased that they have agreed to present this timely and important topic to the UA community. Don’t miss this opportunity to get valuable information quickly and conveniently!
**Program**

11:30a-11:45a  Browse tables for information, meet other attendees
11:45a-12:45p  Presentation
12:45p-1:00p   Q & A

Resource information will be available. Feel free to bring your lunch - refreshments and cookies will be provided. Space is limited; reservations are requested on a first-come, first-serve basis by calling 626-4770 or by sending an email to Jan Sturges, Caregiving Coordinator, at sturgesj@email.arizona.edu

Go to [http://lifework.arizona.edu/ec/](http://lifework.arizona.edu/ec/) to learn more about elder care services offered by UA Life & Work Connections.

*Source for Palliative Care definition: [www.GetPalliativeCare.org](http://www.GetPalliativeCare.org), a website sponsored by the Center to Advance Palliative Care (CAPC)*