



## **UA Lifework** CONNECTIONS

### **Lunch and Learn** *Power Over Parkinson's*

**Presented by:**

Cynthia A. Holmes, PhD  
University of Arizona Department of Neurology  
American Parkinson Disease Association Arizona

**When and Where**

Tuesday, October 30, 2012  
11:30a – 1:00p  
Student Union, Santa Rita Room

Dr. Holmes will discuss the signs and symptoms of Parkinson's disease (PD), conventional and alternative treatments, what we know about the causes of PD and efforts to find a cure. She will also talk about programs and services available through the Arizona Chapter of the American Parkinson Disease Association. Don't miss this opportunity to get valuable information quickly and conveniently!

**Program**

11:30a-11:45	Browse tables for information, meet other attendees
11:45a-12:45p	Presentation
12:45p-1:00p	Q & A

Resource information will be available. Feel free to bring your lunch - refreshments will be provided. Because of limited space, reservations are requested by calling 626-4770 or via email to Jan Sturges, Caregiving Coordinator, at [sturgesj@email.arizona.edu](mailto:sturgesj@email.arizona.edu)

Go to <http://lifework.arizona.edu/ec/> to learn more about elder care services offered by UA Life & Work Connections.